

Registration Form

Name: _____
 Last First MI
 Address: _____
 City, St, ZIP: _____
 Home Phone: _____
 Cell Phone: _____
 E-Mail: _____
 Race Day Age: _____ Birthdate: _____
 Shirt Size: _____
 Gender: Male Female
 Event: 5K 10K Walk
 Age Groups:
 10-14 15-19 20-24 25-29 30-34
 35-39 40-44 45-49 50-54 55-59
 60-70 71 +

Event	No.	Cost	Total
Adult (18 & over)			
Youth (17 & under)			
Family (2 adults, two youth. \$10 per additional youth)			
Donation Amount			
Total			

Other Runners Names:

Runner #2: _____
 Last First MI
 Gender: Male Female
 Event: 5K 10K Walk **Shirt Size:** _____
 Race Day Age: _____ Birthdate: _____

Runner #3: _____
 Last First MI
 Gender: Male Female
 Event: 5K 10K Walk **Shirt Size:** _____
 Race Day Age: _____ Birthdate: _____

Runner #4: _____
 Last First MI
 Gender: Male Female
 Event: 5K 10K Walk **Shirt Size:** _____
 Race Day Age: _____ Birthdate: _____

Waiver of Rights Agreement: In consideration of this entry being accepted, I, for myself and the others I have registered, my heirs, executors, administrators, assigns, and personal representatives forever waive and release all rights and claims for damages I may have against CSU-Pueblo, all other sponsors, their officers, directors, agents, representatives, servants, employees, successors, and assigns arising out of my participation in the Spank Blasing Memorial 5K/10K Run & Fun Walk. I, and the others I have registered, further agree, now and forever, to hold the above parties harmless of, from and against indemnify them for all claims, damages, judgments, costs, expenses attorney's fees should they be held liable for any damages, personal injury, or death I may sustain or claims rising out of this event, including, but not limited to, those which may be attributable to weather conditions, and/or a course that may have pot holes, sand or gravel present. I acknowledge that I, and the others I have registered, am in good health and are capable of participating in the Spank Blasing Memorial 5K/10K Run & Fun Walk and that any and all of my and the others questions have been satisfactorily answered. Further, I, and the others I have registered, hereby grant full permission to any and all of the foregoing to use my name, photographs, video tapes, motion pictures, recordings, and any other record of me participating in this event for any publicity. I have read the entry information provided and certify my, and the others I have registered, compliance with my signature below.

Participant #1 Signature _____
 Date _____

Participant #2 Signature _____
 Date _____

Participant #3 Signature _____
 Date _____

Participant #4 Signature _____
 Date _____

Return registration to:
 CSU-Pueblo Foundation/Spank Blasing Run
 2200 Bonforte Blvd
 Pueblo, CO 81001
 Or FAX 549-2570

For more information, please call 549-2013 or
 e-mail todd.kelly@colostate-pueblo.edu

10th Annual



Benefitting

CSU-Pueblo

Student Athletes Scholarships

Saturday, April 21, 2011

Neta & Eddie DeRose ThunderBowl

CSU-Pueblo Campus

8:30-9:30 a.m. Registration

10:00 a.m. Race Start

Early Bird Special

Adults \$20/18 & Under \$10

Family \$50 (2 adults, 2 students)

(Deadline March 31)

Pre-Race Registration

Adults \$25/18 & Under \$15

Family \$70 (2 adults, 2 students)

(April 1-20)

Race Day Registration

All Ages \$30

No family registration on race day

Register on-line at:

www.spankblasing.com

Participant Benefits

- Complimentary Race Gift
- Goodie Bag
- Post-Event Breakfast
- Post-Event Beer Garden
- Free Back Massages
- Live band
- Prizes

What is the Spank?

The Spank Blasing 5K/10K Run & Fun Walk promotes a healthy family lifestyle, exercise, fitness, and higher education. The entry fee includes an official race gift, goodie bag, complimentary post-event Aquafina water and Gatorade, as well as a free breakfast burrito, a free Miller Lite (for those 21 and older), and a live band.

The 5K & 10K run, and two-mile walk is conducted around the CSU-Pueblo campus and the Belmont neighborhood and ends with a final lap around the Neta & Eddie DeRose ThunderBowl. Over 500 people took part in the 2011 version of the Spank and more than \$19,000 was raised for the ThunderWolves student athlete scholarship fund.

To find out more about the Spank run and CSU-Pueblo Athletics, please visit our web site at: www.spankblasing.com.



Awards and Prizes

Awards will be given to the top three finishers in the following categories:

Overall:

Top 3 Males

- 1st - \$25 Gift Certificate
- 2nd - \$15 Gift Certificate
- 3rd - \$10 Gift Certificate

Top 3 Females

- 1st - \$25 Gift Certificate
- 2nd - \$15 Gift Certificate
- 3rd - \$10 Gift Certificate

Age Groups:

Male	Female
10-14	10-14
15-19	15-19
20-24	20-24
25-29	25-29
30-34	30-34
35-39	35-39
40-44	40-44
45-49	45-49
50-54	50-54
55-59	55-59
60-70	60-70
71+	71+

Race Day Agenda

- 8:30 a.m. Pre-race registration and packet pickup, ThunderBowl Fieldhouse
- 9:30 a.m. Registration Ends
- 10:00 a.m. Race starts
- 10:30 a.m. FREE Back Massages Begin
- 10:45 a.m. Breakfast & Awards
- 11:30 a.m. FREE Youth Run
- 1:00 p.m. CSU-P Spring Football Game

A Big Thank You to the Following Partners:

